

A vibration type actuator has an elastic member in which a shaft center portion is formed in hollow shape along an axial direction and in which driving vibration is generated in a driving portion, a fastening member which fastens the elastic member to an electro-mechanical energy conversion element, an output shaft which penetrates the shaft center portion of the elastic member, a moving member which is kept in press contact with the driving portion of the elastic member and which rotates together with the output shaft, and a bearing member which is located between an inner periphery portion of the elastic member and a distal end portion of the fastening member and which journals the output shaft.